



High School Lunch Menu



Lunch Prices:

Student \$3.25
 Weekly \$16.25
 Reduced \$.00
 Adult \$4.25

Available Daily

Whole Grain Reduced Fat Pizza
 Chicken Patty on a Whole Grain Bun
 Chef Salad with a Whole Grain Roll
 Meat & Cheese on a Whole Grain Bun

FREE STUDENT BREAKFAST - AVAILABLE DAILY SEE REVERSE FOR MENU

100% Fruit Juice, Fresh Fruit and Fresh Vegetables
 Choice of White 1% or Chocolate Fat Free Milk
 Sack Lunches Available for Field Trips

APRIL 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
WG Chicken Nuggets WG Southern Biscuit Mashed Potatoes Chicken Gravy Mandarin Orange 100% Fruit juice	Beef & Cheese Nachos Black Bean Salsa Lettuce & Tomato Peaches 100% Fruit juice	Whole Grain Beef Stroganoff W.G. Garlic Toast Broccoli Apple Crisp Sidekick Slushie	W.G. French Toast w/ Sausage Patty Sweet Potato Fries Celery Sticks Strawberries 100% Fruit juice	WG 3 Cheese French Bread Pizza or Fish & Chips w/roll Green Beans Pineapple 100% Fruit juice
9	10	11	12	13
Baked Chicken WG Southern Biscuit Sweet Potato Corn on the Cob Applesauce Sidekick Slushie	Whole Grain Cheese Quesadilla Tomato Soup Refried Beans Pears 100% Fruit juice	WG Pizza Casserole w/ Meat Sauce Fresh Baked WG Roll California Blend Mandarin Oranges 100% Fruit Juice	Sausage, Egg & Cheese on a Natural Grain English Muffin Fruit Crisp Pineapple 100% Fruit juice	Whole Grain Cheese Breadsticks w/ Sauce Broccoli Soup Baby Carrots Fresh Grapes 100% Fruit juice
16	17	18	19	20
WG Fish & Chips WG Breadstick Cole Slaw Fresh Orange WG Cookie 100% Fruit juice	Walking Taco with Meat & Cheese Black Bean Salsa Lettuce & Tomato Peaches 100% Fruit juice	WG Mac & Cheese WG Dinner Roll Baby Peas Baby Carrots Pineapple 100% Fruit juice	Cheeseburger on Whole Grain Bun Potato Wedges Ceasar Salad Fresh Grapes 100% Fruit juice	WG Hawaiian or Philly Steak Pizza Potato Soup Green Beans Strawberries 100% Fruit juice
23	24	25	26	27
Sweet & Sour Chicken w/Brown Rice Oriental Vegetables Mandarin Oranges 100% Fruit juice Fortune Cookie	Beef & Cheese Nachos Refried Beans Sweet Corn Peaches 100% Fruit juice	WG Mostaccioli w/ Meat Sauce WG Garlic Toast Steamed Broccoli Pineapple 100% Fruit juice	Whole Grain Mini Pancakes Sausage Patties Warm Apple Slices Fresh Orange 100% Fruit Juice	WG Bosco Sticks with Sauce or BBQ Chicken Pizza Baked Beans Applesauce 100% Fruit juice
30				
WG Chicken Nuggets WG Southern Biscuit Mashed Potatoes Chicken Gravy Fresh Apple 100% Fruit juice				